

**Nashville State Community College**  
**TENNESSEE TRANSFER PATHWAYS TO TENNESSEE PUBLIC UNIVERSITIES**  
Community College Area of Emphasis: **Exercise Science** **A.S. Degree**

This sequence can be followed by students who begin in the fall semester. Prerequisites may apply to specific courses; it is the student's responsibility to determine if prerequisites have been met. Additional semesters will be required if prerequisite courses must be completed. Prior to registering each semester, the student is expected to consult with his/her advisor. **Bolded courses cannot be substituted.**

NAME: \_\_\_\_\_

A# \_\_\_\_\_

CATALOG YR: **2025-2026**

FIRST YEAR – FALL SEMESTER					NOTES
Course No. and Title	Cr.	Term	Grade	Prerequisite	
<b>ENGL 1010 English Composition I</b>	3			Level 2 placement or concurrent enrollment in ENGL 1010 and ENGL 0815; Level 2 placement or concurrent enrollment in READ 0815	
<b>HHP 2300 Introduction to Exercise Science</b>	3			None	
Humanities (MUS 1030 is recommended)	3			See catalog	
Mathematics (MATH 1530 is recommended)	3			Level 2 placement or concurrent enrollment in Math Support	
NSCC 1010 First Year Experience	1			For First-time Freshman Only	
<b>Total Credit Hours</b>	<b>13</b>				
FIRST YEAR – SPRING SEMESTER					
Course No. and Title	Cr.	Term	Grade	Prerequisite	
<b>ENGL 1020 English Composition II</b>	3			ENGL 1010	
<b>HHP 2400 Prev and Care of Athletic Injuries</b>	3			None	Spring only
<b>PSYC 1030 Introduction to Psychology</b>	3			Level 2 placement or concurrent enrollment in ENGL 1010 and ENGL 0815; Level 2 placement or concurrent enrollment in READ 0815	
COMM 2025 Fundamentals of Communication <b>OR</b> other approved communication course	3			ENGL 1010	
Physical Education Activity Course	1			None	
Humanities (ART 1035 is recommended)	3			See catalog	
<b>Total Credit Hours</b>	<b>16</b>				
SECOND YEAR – FALL SEMESTER					
Course No. and Title	Cr.	Term	Grade	Prerequisite	
<b>BIOL 2010 Anatomy &amp; Physiology I</b>	4			Level 2 placement in English, Math, and Reading	
<b>PHED 1010 Introduction to Health &amp; Wellness</b>	3			Level 2 placement in English and Reading	
<b>HHP 1300 First Aid &amp; Safety</b>	3			None	
Literature (ENGL 2020 <b>OR</b> ENGL 2035 is recommended)	3			ENGL 1010 and ENGL 1020	
History (HIST 2010 is recommended)	3			See Catalog	
<b>Total Credit Hours</b>	<b>16</b>				
SECOND YEAR – SPRING SEMESTER					
Course No. and Title	Cr.	Term	Grade	Prerequisite	
<b>BIOL 2020 Anatomy &amp; Physiology II</b>	4			BIOL 2010	
<b>BIOL 1215 Principles of Nutrition</b>	3			Level 2 placement in English, Math, and Reading	
Physical Education Activity Course	1			None	
General Elective (PSYC 2130 is recommended)	3			See catalog	
General Elective	2			See Catalog	
History (HIST 2020 is recommended)	3			See catalog	
<b>Total Credit Hours</b>	<b>16</b>				
<b>Total Degree Hours</b>	<b>61</b>				

\*Students who lack the required one unit (one year) of American History from high school as an admission requirement must complete six (6) semester hours of American History or three (3) semester hours of Tennessee History to fulfill the history requirement in general education. Otherwise, students may choose from among the history courses approved at a particular institution to fulfill the six-semester hour requirement in history.