

Nashville State Suicide Prevention Plan

Nashville State Community College is committed to the mental health wellness of our students, faculty and staff. As such, and in compliance with the requirements of T.C.A. § 49-7-172, NSCC has developed a suicide prevention plan that engages in a variety of initiatives to improve and provide crisis services.

NSCC's Suicide Prevention Plan will be disseminated to faculty, staff, and students each academic year. Faculty and staff receive an annual email that includes a web link, <https://www.nsc.edu/consumer-information/index.php> that is located on the "consumer information" page of NSCC's website. Information for students will be located under the "Current Student" page of NSCC's website, <https://www.nsc.edu/student-experience/student-support-resources/health-and-wellbeing.php>. Information for the NSCC community is also available at , <https://www.nsc.edu/consumer-information/index.php>

Prevention

Nashville State has developed a comprehensive approach to increase mental health awareness through efforts of prevention. The Student Resource Manager partners with local agencies to provide information and training opportunities to all students and staff.

Contact

NSCC's contact for suicide prevention work is Dr. Julie Williams, Associate Vice President, Student Affairs, Julie.williams@nsc.edu or 615-353-3148.

Prevention Components & Resources

Key components of NSCC's suicide prevention work include:

- Promotion of the Suicide and Crisis Lifeline, Crisis Text Line, and campus/community resources are made available through:
 - NSCC's website, <https://www.nsc.edu/student-experience/student-support-resources/health-and-wellbeing.php>.
 - Additional methods, such as posters and orientation packets.
- Utilizing community resources and agencies to provide prevention services for NSCC community members. NSCC has established relationships with the following Mental Health facilities for the purpose of providing prevention education, training and/or prevention screenings.
 - Recuro telehealth services
 - <http://tspn.org/>
 - Faculty and Staff can utilize the Employee Assistance Program (EAP) 24/7 at Here4TN.com, 855-437-3486, or contact NSCC Human Resources Department

Information regarding such relationships at NSCC is available <https://www.nsc.edu/student-experience/student-support-resources/>. That website will have available a comprehensive list of partners and services available to members of the Nashville State community which may include crisis referral services, prevention screenings, training programs, etc. Any campus member interested in

accessing the services/agencies and training noted above, or for more information about NSCC's suicide prevention efforts should contact Dr. Julie Williams, Associate Vice President, Student Affairs, Julie.williams@nsc.edu or 615-353-3148.

Intervention

There is no typical suicidal person. No age group, ethnicity, or background is immune. Fortunately, many troubled individuals display behaviors deliberately or inadvertently signal their suicidal intent.

Recognizing the [warning signs](http://tspn.org/warning-signs) (<http://tspn.org/warning-signs>) and learning what to do next may help save a life.

Contact

If someone exhibits behavioral patterns that may indicate possible risk for suicide, they should be watched closely. If they appear numerous or severe, seek professional help at once. **The Suicide & Crisis Lifeline at 988(call or text) provides access to trained telephone counselors, 24 hours a day, 7 days a week.**

If a student, faculty, or staff member encounters a suicidal student, faculty, or staff member, the following individual should be contacted immediately:

NSCC Campus Police at 615-353-3273, then Dr. Julie Williams, Associate Vice President, Student Affairs, Julie.williams@nsc.edu or 615-353-3148, and complete a referral at <http://ww2.nsc.edu/careteam/> or 911 if the situation is crisis.

Should the incident occur after hours, or the above noted individual is not available, the following should be contacted immediately:

911

If the suicidal person has plans and access to a lethal means, is planning to make an attempt very soon, or is currently in the process of making an attempt, this individual is in imminent danger and should not be left alone. Get the person help immediately. Determine who can get there quickly and keep the individual safe.

Should you have this concern, you should immediately call 9-1-1 and NSCC Police.

Intervention Resources

Nashville State has established relationships with the following local Mental Health facilities for the purpose of crisis referral services.

- Mental Health Coop Crisis Line provides immediate phone conversation and in-person intervention if needed. This includes Emergency Psychiatric Services. Call 855-CRISIS-1 (855-274-7471) and you will be routed to a trained crisis specialist in your area.

The safety and wellbeing of our students, faculty, and staff is of the utmost importance. In situations that require immediate action because of safety or other concerns, Nashville State will take any reasonable administrative action or accommodation protocols that are appropriate. Such interim actions may include, but are not limited to: adjustments to schedules, ADA accommodations,

adjustments of course, exam, schedules, facilitation of hold harmless voluntary withdrawals, incompletes, etc.

Postvention

Because all student/faculty/staff deaths affect our community, whether that death is accidental, due to illness, or the result of self-inflicted injury, it is important for NSCC to respond to and recognize all deaths in a consistent manner. Campus leadership and the communications department developed a protocol that includes a campus response to a student/faculty/staff suicide to decrease the trauma experienced by the students and other campus community members left behind and to help prevent further suicides through contagion.

Contact

If a student death occurs by suicide, the following person, or their designee, should be notified immediately:

Dr. Carol Martin-Osorio, VP Student Affairs & Enrollment Management, 615-353-3268

If staff or faculty member death occurs by suicide, the following person or their designee, should be notified immediately:

Jill Ferrand, Director of Human Resources, 615-353-3305

Postvention Components & Resources

Nashville State has established relationships with the following Mental Health providers for the purpose of working to decrease community trauma.

- TN Suicide Prevention Network provides resources and trainings for faculty and staff
- Recuro provides counseling services

Comprehensive Response Protocol

NSCC's comprehensive suicide prevention, intervention and postvention protocol is available to the campus community. For more information, please contact Dr. Julie Williams, Associate Vice President, Student Affairs, Julie.williams@nsc.edu or 615-353-3148.